

## FALCON BOWLING & TENNIS CLUB **RULES for Phase 1** TENNIS

These RULES are effective from 29<sup>th</sup> May 2020 until further notice. They apply to all activities at the Club, unless otherwise stated. They are specifically **intended to prevent the spread of the Coronavirus and to protect all Members, in particular our Senior Members**. Even if you personally do not feel AT RISK, please do everything possible to protect your opponent/s and other players at the Club. Your adherence to these rules is **essential**. The decision whether or not to come to play sport at the Club rests with the individual adult Member **or** with the parent of a Junior Member. The decision whether to wear a mask or face-covering likewise rests with the individual adult Member or parent of a Junior.

**ALL MEMBERS** must, first and foremost, abide by the **Scottish Government Coronavirus guidelines** during this period, particularly on HAND-HYGIENE & SOCIAL DISTANCING (min 2 m.)

**N.B.:** These Phase 1 Rules are **additional to** the **2020 Club Information & Rules** (sent with your WELCOME email or viewable in the Falcon website Documents store) e.g. the no-smoking rule.

**N.B. PARENTS:** Parents are required to make sure that all JUNIOR Members in your family understand and are familiar with these new Phase 1 rules.

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**HAND-SANITISER** has been made available at the Club, but **we recommend** Members should **bring your own** pocket-size version (or protective gloves), as these are likely to be needed during play.

The **CLUBHOUSE** remains **CLOSED**, and Members should observe the signage.

**N.B.:** **there is no access to hand-washing facilities**  
**there is no access to toilet facilities**

**FIRST AID:** please bring your own, as sharing Club supplies could transmit the virus

**MOBILE PHONE - DON'T FORGET IT!** Know how to call a friend/family/the emergency services

**\*\* DO NOT COME TO THE CLUB if** you feel ill, if you suspect you may have the Coronavirus, or if you are showing any symptoms of the Coronavirus.

**\*\* DO NOT COME TO THE CLUB if** the above describes any member of your **household**.

Put simply,

**DO NOT RISK bringing Coronavirus to the Club!** ...and please cancel your booking.

### **BEFORE SETTING OFF FOR THE CLUB...**

- Go to the toilet at home
- Wash and/or sanitize your hands
- **Bring your own equipment** – your own tennis balls/racquet, bowls

### **ARRIVING AT THE CLUB**

- Arrive shortly before your start-time and go direct to your booked court or rink
- Please observe the GAPS between bookings (30-minute gaps)

### **DEPARTING THE CLUB**

- Leave the Club when your hour is up.
- Don't play on after the hour, but respect the 30-minute gap between bookings.
- Sweep/drag-net the courts after play as normal, but sanitise your hands after.
- Sanitise your hands when leaving, and wash them on arrival home.

**RULES for TENNIS MEMBERS and Guardian Parents** → [See page 2](#)

## **RULES for TENNIS MEMBERS and Guardian Parents**

1. **Members only** (2020 subscribers) are permitted to attend and play at the Club during this period.
2. KEY-CODE: Keep the key-code secret; never share it!
3. NO Guests/NO Visitors/NO Non-member family/NO Spectators permitted
4. JUNIOR Members:
  - **Ages 5 – 11** (Primary school age) **must be supervised** by a Adult Member age 21+ or by a Guardian-Parent Member.
  - **Ages 12 – 15 may play unsupervised, but only after their parent has emailed the Club to give their consent:** [falconclub@hotmail.co.uk](mailto:falconclub@hotmail.co.uk)
  - **Age 16 and over** may play as an adult member, but may **not** supervise younger Juniors.
5. **Members must book a court online in advance;** 'Turn up and play' is NOT permitted.
6. **Both players' names should be noted on the online booking.** (Put the second name into 'Notes' before clicking 'Confirm'.) This is essential to enable Track and Trace, should there be any Covid cases emerge amongst Falcon Club Members.
7. **Courts 1 and 3 only** are open for booking and play.
8. DO NOT use or play on Court 2; it remains closed.
9. Enter Court 1 by the east path and gate;
10. Enter Court 3 by the west path and gate.
11. PLAY IS PERMITTED and RESTRICTED AS FOLLOWS: (LTA and ScotGov guidance)
  - **1 hour** maximum booking
  - **SINGLES** – max 2 people per court permitted; this can be 2 people for the same household or 2 people from different households.
  - **DOUBLES** – max. 4 people per court permitted from either of the following groups:
    - a 'same-household pair' may play a 'same-household pair' from a different household; each household must stay on one side of the net and not mix.
    - a group of 4 from one single-household-family/group
  - **Tennis Balls:** Both players should bring their own balls, initialled (LTA recommended)
  - **Serve** only with your own initialled tennis balls (LTA recommended)
  - **Changing ends?**
    - either avoid changing ends
    - or always change in a clockwise direction (round opposite ends of the net)
  - DO NOT shake hands after the match
  - DO NOT share a racquet
  - DO NOT touch the net-winder or net-measure
  - DO NOT adjust the net height
  - DO NOT touch your face! Tennis balls may transmit the Coronavirus
  - DO NOT touch the handle on the court-gate; leave the court gate open
  - DO NOT use Court 2